

# **ABSTRACT OF THE DISCLOSURE**

A seat slide (E1) includes a first guide (1). The seat slide includes a second guide (2) configured to be guided by the first guide (1). The second guide (2) supports a seat (101).

5 The seat slide includes a leading member (3) configured to move the second guide (2) relative to the first guide (1). The seat slide includes a cap (4) mounted to the second guide (2). The cap includes a first support (41) for supporting the leading member (3). The cap includes a second support (42) extending  
10 from the first support (42) for supporting the second guide (2).